

There's no evidence that vaccination against Covid-19 has any effect on your chances of becoming pregnant again. And there's no need to avoid getting pregnant after having your vaccine.



Don't worry - it's not a live vaccine, so it can't give you or your baby Covid-19.



TALKING ABOUT THE
COVID-19 JAB

If you have any questions or concerns about the Covid-19 vaccine, please discuss these with your midwife. They're here to help and support you.

You can scan the QR code here to book an appointment at a vaccine centre.



Or call 119 free of charge. You can speak to a translator if you need to.

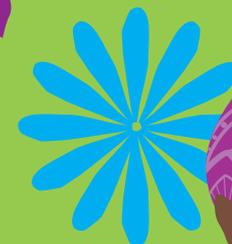
Go to www.mybirthmychoice.co.uk for more information on Covid-19 and pregnancy, with translation into other languages.

Don't forget - you need two doses to be fully protected, plus a booster for longer term protection.



TALKING ABOUT THE
COVID-19 JAB

Vaccination against Covid-19 is effective and safe for you and your baby.





Hundreds of thousands of pregnant women worldwide have now been vaccinated against Covid-19.

The vaccines are proven to be safe.

Evidence shows they reduce your chances of getting Covid-19 and mean you're less likely to be seriously ill if you do.

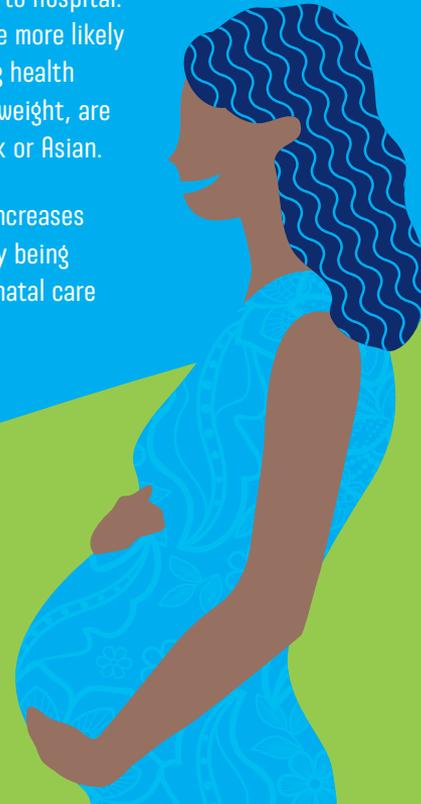
We now know much more about the vaccines so we can be fully confident that **vaccination is safe for you and your baby.**



Catching Covid-19 in the last few months of your pregnancy can be very serious for you and your baby.

Some women become very unwell and need to be admitted to hospital. Serious complications are more likely in women with underlying health conditions, who are overweight, are aged over 35 or are Black or Asian.

The Covid-19 virus also increases the chances of your baby being born early, requiring neonatal care or being stillborn.



Breastfeeding

It's safe to have the vaccine if you're breastfeeding, or planning to breastfeed your baby



The vaccine can't pass through your breast milk to your baby. You should not stop breastfeeding to be vaccinated against Covid-19

Breastfeeding offers many benefits for you and your baby

